

Valley View

Good afternoon BVPS!

I hope that your week has been full of growth and learning.

As I type and look out upon the sunbathed school yard, I see high levels of positive and connected behaviour. Fairly typical BVPS playground behaviour actually: young people understanding and caring for each other - people feeling safe and feeling part of a community made up of hundreds of individuals.

All children will develop a sense of personal identity. Questions like: Who am I? Where and how do I belong? What influence do I have in my world?

Having a strong sense of identity is about learning that you're valued and worthy of attention. Children with a strong sense of identity look for and are open to new challenges. They ask questions and try new things. They know they can contribute to the world and make a difference. They also persist with things and enjoy their achievements and relationships are the foundations for your child's strong sense of identity.

To build a strong sense of identity, your child first has to feel they belong. They learn this through safe and secure relationships - first with their family and later with other caring adults and children in learning communities such as BVPS.

Your child's identity is also shaped by the ways that you and others respond to them.

As they grow, most children show interest in being part of a group and playing with others. They become increasingly confident in different social situations and learn that their actions can have effects on themselves and others.

Having a strong sense of identity doesn't mean you have an outgoing or social personality. A quiet or shy child can also have a strong sense of identity.

So.....

How can you help your child to develop a strong sense of identity?

1. Value what is unique about your child and accept your child for who they are right now:

- Pay close attention to your child's attempts to communicate or interact with you - this tells children they are important and valued.
- Acknowledge what your child says or does without being dismissive or judgmental - this tells them it is safe to express feelings and opinions.

2. Encourage your child to solve problems or to keep going when things get

tough. This builds your child's resilience and sense of wellbeing.

3. Talk to your child about how each of us has similarities and differences to help them be comfortable and confident in who they are.

4. Encourage your child's interests and abilities - these are important ways for your child to express who they are.

As children grow they can begin to appreciate the similarities and differences between individuals and groups including the language, cultural and religious groups that make up society.

And of course if you have any questions about your child's wellbeing and development, please contact one of our caring and professional staff - we're here to help.

Please note that there will be a curriculum day on Monday October 3 - the day before the Melbourne Cup public holiday. No students will be attending as staff will be organising and writing term 4 student reports.

Be well.

Andrew Jones

LN1 News

This week the preps had the first of two visits from the Metropolitan Fire Brigade to learn about fire safety. The program, which is delivered



by firefighters at the school, helps children develop a basic understanding of fire safety and to view firefighters as community helpers. The second visit will be next Tuesday at 2:30pm.

Today the kinder students from the Dimboola Early Learning Centre met with our prep students to play an outside game on the oval. Next week they will be coming over to participate in the Market Fresh program with our grade preps and ones. The grade twos will be joining LN2 for this program as we begin transition for 2015. The Market Fresh Schools Program will expose our children to new varieties and types of fruit and vegetables. It aims to increase their awareness of the importance of eating fruit and vegetables as part of a healthy balanced diet.

HELP WANTED: We are needing parent helpers to assist in the cutting of fruit and vegetables before our Market Fresh Program, next Friday 24th October from 9 -10am. Are you available?

The 2015 Prep Transition program begins on Friday 7th November for four weeks. All our new students for 2015 will be attending school from 9:15am to 10:20am. Parents of students beginning prep next year are also invited to attend information sessions about the school at the same time. Registration for prep transition can be made at the office and enrolment forms are also available.

Jodie, Jamielee, Amy, Wendy, Paula, Marija, Daniel & Laura

Learning Neighbourhood 2

This is how we do it! Learning, LN2 style.

We are preparing to really heat things up next week, as we begin our new Enrichment topic around physical sciences. Such a fascinating topic, with so many real life experiences that are going to be easily related to the home there are sure to be some experiments you can try at home.



Maths this week has been all fun and games. Well, kind of. We explored a range of ways we can learn maths through games and loved every minute of it. Board games, computer games, card games, dice games, you name it. With so many of these games being so easy to play at home, there is no reason why you cannot start playing today. Ask any of our students or teachers to learn how you can drive your child's learning

in maths through games and have fun at the same time.





Some students from LN2 have been selected to represent the Jacana Broadmeadows Valley Jaguars in a T20 Blast school cricket tournament. Cricket Australia has provided a grant that will cover all costs for our students. Please return the notes as soon as possible. We are hoping to field two sides and this will be a great opportunity for our students to be involved in some fun extra-curricular events.



Thanks for reading folks. In LN2 we always love your feedback. Come and see us about anything you would like to see or learn about in our newsletter space or anything important we should share with our community.

Learning Neighbourhood 3

Wow, what a week it's been! It's been a really busy week here in LN3. We have had the Hume Cup finals for the Basketball and Volleyball teams and, let me tell you, they have been pushing themselves to the limit!

We have had people come all the

way from New Zealand just to come and look at what we have been learning at BVPS! It was really fun showing them all the things we do here in our Neighbourhood.

The teachers have decided to give us a task to taste different types of food and see our reaction to food that most of us have never tasted or heard of before. We had to choose from tasting lychees, anchovies, sauerkraut, cottage cheese and seeded mustard. We all had to choose one of the foods and video our partner as we tasted it. In our video we had to speak about the five senses which are touch, hearing, sight, taste and smell. After we had finished our video we had to hand write a food review of what we tasted.

In Maths we have been learning about measurement and weight, through jogging the beep test and lifting weights. For measurement we have been trying to learn off by heart how many millimetres are in centimetres, how many centimetres are in a meter and how many meters are in a kilometre. For weights we have been lifting 2.5kg and 5kg weights, testing our muscles, and adding together how much weight we lifted in total. For the beep test we had to pick a partner and we had to record how many times they ran across the basketball court before the beep went off. When we were lifting weights we had to see how many reps we could do in one minute.

For Enrichment we have been learning about Spanish. We had a choice of getting into 4 groups: Art, Food, Culture and GD Baby (Grand Design). We can't wait to show you our learning at the Fiesta S De Espana.

BY: Sihaam, Angela and Hannah! :)

Calendar Term 3

"Fiesta de Espanas", our school wide Spanish Festival. Friday 31st of October



Prep Transition Program will be beginning on Friday 7th November

CAMP

Coonawarra Camp deposit & payments are now being taken



Birthdays

**Athra A
Noah E
Mark S
Maria K
Indianason F
Wahid W**



Notice Board

Dimboola Road Festival

We are holding the Dimboola Road Festival again this year on the 5th of December. At the festival we will be having a raffle. If any of our families have anything they would like to donate it would be greatly appreciated.

Dimboola Road Festival Group

We are asking for parent help with this year with the Dimboola Road Festival. If you can assist us in any way please give us a call on 9309 4066

NEW ENROLMENTS

Dear Parents

As we approach the end of the year and our **Prep Transition Program**, it's very important that any preschool children are enrolled for school.

We have the new **BVPS Enrolment Forms** at the office, with Lindy, Jen or Michelle willing and available to assist.

You will need the following:

- **Birth Certificate** or **Passport** as evidence of birth
- An **Immunisation Certificate** which can be obtained at MEDICARE

Please contact or call in at the office as soon as you can to complete an enrolment.

STUDENTS LEAVING

If you are moving from the area and need to change schools in 2015, we would appreciate contact from you to let us know as soon as possible.

It is **not** necessary for parents of Grade 6 students who are transitioning to secondary college to notify the school. Please call into the office and fill in a simple form.