

Valley View

Hello Broadmeadows Valley community,

As we continue to enjoy the warmer weather, reminders of the upcoming cooler months came to the forefront as I watched from afar staff members file into the Sick Bay to receive their annual winter flu shot. This got me thinking about winter and the need to look after ourselves so that we don't get sick. Working and learning in a school community makes us very vulnerable to all the ugly germs that are floating around and I encourage you to consider how you are going to prepare and maintain your child's health during the colder months. By remaining healthy, children are able to come to school and participate in all the learning experiences that we provide.

You may be dreading the colds, flu, and general ickiness, that seems to accompany winter, here are four tips to help you and your

children stay healthy this winter.

Wash Your Hands

The Centre for Disease Control estimates that children with proper hygiene miss 2.42 days of school each year, while children who do not practice proper hygiene miss 3.02 days a year. Teach your children to wash their hands well, and often. This includes before and after meals, after coughing or sneezing, after using the restroom, and when they come home from school. You can also use alcohol-based wipes or gels when a water source is not readily available.

Keep Warm

Make sure you and your children are dressed appropriately for the colder weather. Jackets, gloves, and hats are all important clothing pieces to protect against the elements and keep your body in tip top shape.

Eat Well

Make sure your children get well-balanced meals. Give your family the vitamins and minerals they need, so their bodies have the energy to stay healthy.

Sleep

Sleep is one of the most important things we can do to give our body a leg up against sickness this winter. Each member of your family should get at least 7 hours of restful sleep each night, more for your **younger children (10-13 hours)**.

I hope you have a great weekend and I look forward to seeing you next week.

Kind regards
Carmela



LN1

What feedback did you receive today?

Feedback is an essential part of effective learning. It helps students understand what they know, what they need to know and how they can go about improving their learning.

Where am I going?

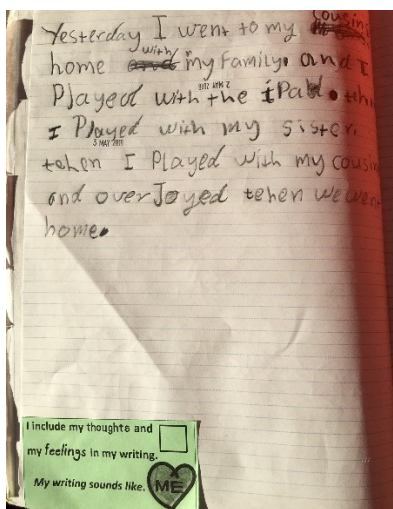
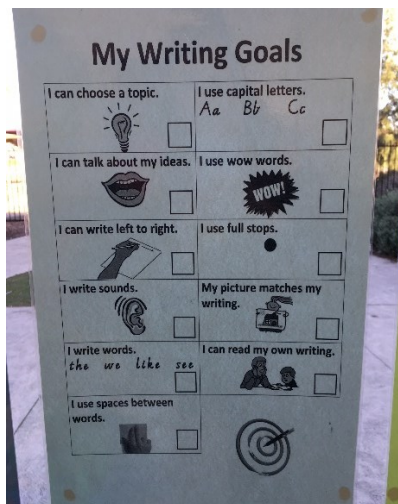
When students understand their goals and what success at those goals look like, then the feedback is more powerful.

How am I going?

This is feedback (about past, present or how to progress) relative to where they began. What growth have they shown in a particular area?

Where to next?

Such feedback can assist in choosing the next most appropriate challenges, goals, greater fluency and automaticity, different strategies and processes to work on the tasks, deeper understanding, and more information about what is and what is not understood.



The most important question you can ask your child is 'What feedback did you receive today?'

LN1 2016

Amy, Rob, Wendy, Cyndi, & Jamielee

LN2

Saving Humpty Dumpty!

Learning neighbourhood two has been putting their scientific research into action this week.

We used our knowledge of physical science to design a capsule that would keep an egg from cracking if it fell from a great height.

Although it was disappointing that a lot of our egg capsules failed, we sure enjoyed watching the eggs go SPLAT! Our next experiment was icy.

We are looking into leak, soak and repel and we got to fry ice! This meant we got to see water in all of its states of matter.

Ask your child to show you the experiment at home!

Sarah, Nicole & Rosie

LN3

It was another busy week. We had our school photos, students from LN3 represented our school in Cross Country and another week of engaging and challenging learning.

We are really excited with the amount of students that have brought back notes for camp. Just a reminder that Grade 6 Notes for secondary school need to be returned by the 13th of May and initial deposit for Camp needs to be paid by the 27th of May. We are really excited about the amount of students who have returned their forms, we hope that this continues.

Next week, is the annual NAPLAN, the students are very excited to get in done and showcase their understanding and learning in literacy and numeracy.

In writing this week, students have been continuing to refine their knowledge and understanding in persuasive writing. All the students are using their planners effectively to write strong paragraphs, full of reasons and details. This week, the students have been continuing to develop their emotive language, using statistics and facts to strengthen their pieces of writing to convince the reader that their argument is the best argument.

Students have begun a new unit of work exploring strategies that can be used for addition and subtraction. Mental calculations are important for everyday living and students are encouraged to practise

their basic number skills so that they can develop speed and accuracy. We are continuing our work on measurement, area and perimeter.

In Enrichment, students have been learning about the solar system, planets and the moon. They now have a strong understanding of how important the sun is to the Earth and the impact of global warming is having on Earth. They have been conducting experiments to solidify their learning and using their iPads to make movies to show their understanding.

If you have any questions or queries about anything, please do not hesitate to see any of the staff in LN3.

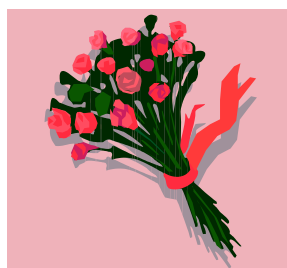
Have a great weekend!

Parent Ambassador

meeting 9am Wednesday May 11th in "The Hub" (LN1). All welcome!

Our **Valley Café** is open Monday, Wednesday and Friday from 8.00-10.00am. Come and meet Skye, our barista Skye can teach you how to make coffee too!

A BIG THANK YOU TO THE PARENTS THAT RAN OUR MOTHER'S DAY STALL TODAY IT WAS A GREAT SUCCESS



Calendar Term 2

Every Friday

Conversational English Classes

Fridays 9.15 - 11.15am in
"The Hub" (LN1)
FREE!

Child minding available

Parent Ambassador

Wednesday 11th at 9am

LN2 Excursion

30th May

1st June

2nd June

100 Story Building

LN1 Excursion

Science Works

31st May



Birthdays

Amani Y
Mennathalia A
Tilly F



Notice Board

**BOOK FAIR
COMING SOON
LN 3 Time Away Room
WEDNESDAY 1st June TO
MONDAY 6th June
OPEN DAILY
8.30AM. - 9.00AM.
3.30PM. - 4.15PM.**

**Come along and purchase from a
great range of books and knick
knacks.**



Reminder to all Families

School Levy is due now and being taken at the office. Financial assistance may be available to parents if they meet the criteria. Contact the office for more information 9309 4066

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for **CSEF**. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

Contact the school office to obtain a **CSEF application** form or contact the schools general office on 9309 4066 for more information.

State Schools' Relief Prep CSEF uniform support

Program background

As part of the Victorian Government's Affordable Uniform Program, every **Prep** government school student who is a recipient of the Camps, Sports and Excursion Fund (**CSEF**) automatically qualifies for a uniform pack voucher. Each year, State Schools' Relief (SSR) provides tens of thousands of children with school clothing, shoes and other essential items. For the first time SSR has received government funding so that it can help more families needing financial assistance, and ensure no one is left behind.

Eligibility requirements for **CSEF** can be found at www.education.vic.gov.au/csef

